



COMPREHENSIVE FINANCIAL WELLBEING

MY HEALTH COACH COMPREHENSIVE



This element of support is to improve your financial knowledge and help you to assess your current financial situation and provide guidance on where you can improve your financial status.

DISCOVERY HEALTHY COMPANY CAN HELP YOU **ACHIEVE FINANCIAL WELLNESS** THROUGH THESE SERVICES



Credit Health Monitoring with free access to your credit score and credit report



Debt management that includes debt relief solutions, such as reducing credit, life premiums and insurance reviews



Financial Coaching and Education with unlimited access to trained financial coaches who provide guidance on improving credit scores, managing debt, and achieving financial wellness



Financial education through short and comprehensive financial education courses



Free Investment Tools with access to educational resources and partner platforms to help understand investment options, compare products and plan for long-term financial growth



Debt counselling that offers a structured and supportive process that helps manage and eventually overcome overwhelming debt



Chat to Healthy Company for free advice

Healthy Company is here for you. Access Healthy Company on the Discovery app, on our website at **www.discovery.co.za** or call us on **0800 320 420**.